

Research Article

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The Molecules Lost New Compounds Binding at the Histamine Site of the NMDA Receptor (NMDA $_{(HA)}R$)

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Abstract

NMDA receptor ligands have been the target of intensive research for the treatment of psychotic diseases and central nervous system diseases. Our group published the characterization of the NMDA receptor histamine site. We developed modulators for this site, about 500 drugs were tested and we finally have a partial agonist FUBn293 with a nanomolar affinity, and also an antagonist ST-579 with a nanomolar affinity. We suggest that agonists at the histamine site of the NMDA receptor (NMDA(HA)R) constitute an innovative class of antipsychotics for the treatment of schizophrenia and other neurological or psychiatric disorders.

Keywords: NMDA Receptor Histamine Site, Agonist, Antagonist

1. Introduction

The effects of histamine are mediated by four G protein-coupled receptors (H_1 , H_2 , H_3 and H_4). In the brain, histamine also binds to the histamine site (NMDA(HA)R) of the N-methyl-D-aspartate receptor (NMDAR) [1-3]. Histamine potentiates NMDA currents in isolated, and cultured hippocampal neurons and this effect requires NMDARs containing NR1 variants lacking exon 5 with NR2B subunits [4,5]. This potentiation is inversely related to the concentration of glycine [2,6] and is reproduced by telemethylhistamine (tele-MeHA), the catabolite of histamine in the brain [3, 4-6]. Histamine also binds to NMDA(HA)R to potentiate NMDA-induced [³H] noradrenaline release from hippocampal synaptosomes [6]. Histamine potentiates N-methyl-D-aspartate receptors by interacting with an allosteric site distinct from the polyamine binding site [6].

After having defined this binding site of histamine, we sought to find ligands specific to this site based on our experience of ligands of the various receptors specific to histamine using the [3H] noradrenaline release from hippocampal synaptosomes model. The initial significant molecule was a reference full agonist that provided the foundation for studying the structure-activity of other agonists with a greater affinity for the nanomolar order. We

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succeeded in obtaining an antagonist with nanomolar affinity in the same way.

2. Materials and Methods

[³H] noradrenaline release from hippocampal synaptosomes.

A crude synaptosomal fraction was prepared as described previously with minor modifications [7]. Adult male Wistar rats (200-250g) were killed by decapitation. The hippocampus wa rapidly removed and homogenized (Potter Elvehjem glass; eight up-down strokes) in 40 volumes of 0,32 M sucrose. The homogenate was first cecntrifuged (100g for 10 min) to remove nuclei and cellular debris. Synaptosomes were isolated from the supernatrant by a second centrifugation (12,000 g for 20 min). The synaptosomal pellet was then suspended in modified Krebs-Ringer bicarbonate medium of the following composition: NaCl 120 mM; KCl 0.8 mM; KH2PO4,1.2 mM; CaCl2 1.3 mM; MgSO4 1,2 mM; NaHCO3 27.5 mM; glucose, 10 mM; ascorbic acid 0.06 mM; EDTA 0.03 mM; gassed with 95% O2 and 5% CO2); pH 7.4.

Synaptosomes are then suspended in this same medium in the require volume of assay buffer abd are then incubated for 1 hour at 37°C in a rotary water bath, in an atmosphere of 95% 02 and 5% CO2, with [3H] noradrenaline (final concentration 30 nM,

GE Healthcare, Buckingamshire, UK). During this incubation, synaptosomes are loaded with the labelled neurotransmitter. Then, the labelling of synaptosomes is followed by 4 washes with a Mg2+-free medium prewarmed at 37° C.

Synaptosomes are distributed in identical aliquots (200 μ g of protein) in a final volume of 500 μ L and incubated with NMDA (200 μ M), glycine (1 μ M) and drugs to test in the presence of thioperamide, an H3 receptor antagonist in a saturating concentration (1 μ M) to prevent the action of the heteroreceptor H3 modulating [³H] noradrenaline release in the system [8]. After 3 minutes of incubation at 37°C, reaction is stopped by immersion of tubes in ice-cold water, immediately followed by a centrifugation (14 000 × g, 10 sec). The amount of radioactivity released into

each supernatant is finally determined by liquid scintillation using a $\boldsymbol{\beta}$ counter.

3. Results

We have investigated new drugs, ligands of the histamine site of the NMDA receptor by using the model of the NMDA-mediated [³H] noradrenaline release from hippocampal synaptosomes.

Over the years, we have tested more than 500 molecules and identified agonists and antagonists of the histamine binding site on the NMDA receptor, we present the most remarkable molecules with structure activity relationships in two series of tables in supplementary datas with the agonist (table 1-9) and the antagonist (table 11-14)

Name	H ₂ N-		Intrinsec activity %	Agonist EC 50 μM
Fub 7	n=3	$R^{1} = 0$	full	2,1
Fub 169	n=4	R ¹ = 0	full	1,6
Fub 216	n=5	R ¹ = 0	20	0,12
Fub 239	n=6	R ¹ = 0	23	0,12
Fub 282	n=7	R ¹ = 0	?	>100
Fub 283	n=8	R ¹ = 0	?	>100
Fub 241	n=3	$R^1 = CH3$	53	1,5
Fub 302	n=4	R ¹ = CH3	29	0,2
Fub 310	n=5	R ¹ = CH	?	>100

Table S1 : Agonist

Name		Intrinsec activity %	Agonist EC 50 μM
Fub 242	H ₂ N S CH ₃	75	3,1
Fub 206	H ₂ N S	40	0,068

Fub 235	H ₂ N NH ₂	38	26
Fub 210	H ₂ N Se	33	0,024
	H ₂ N S (CH2)n		
Fub 132	n=2	full	4,4
Fub 144	n=3	35	11
Fub 218	n=4	81	1
Fub 295	n=5	41	0,052
Fub 296	n=6	41	1,1

Table S2: Agonist

Name		Intrinsec activity %	Agonist EC 50 µM
Fub 170	$H_2N \xrightarrow{N}_{(CH2)_n}^{CH_3} H_2$	full	2,2
	n=3		
Fub 217	n=4	52	0,19
Fub 238	n=5	50	4,5
Fub 240	H ₂ N CH ₃ S (CH2) _n NH ₂	82	6,3
	n=2		
Fub 301	n=3	61	0,9
Fub 309	n=4	40	9

Table S3: Agonist

Name		Intrinsec activity %	Agonist EC 50 μΜ
Fub 16	H ₂ N-NH ₂	30	0,39
Fub 223	H ₂ N-N S-NH ₂	34	5,2
Fub 247	H ₂ N N S N NH ₂	48	0,024
Fub 251	HS S NH2	?	>100
Fub 252	H ₂ N-N S-NH ₂	?	>100
Fub 253	H2N S	?	>10
Fub 300	H ₂ NN Se	45	0,037

Table S4: Agonist

Name		Intrinsec activity%	Agonist EC 50 μΜ
	H ₂ N S NH		
Fub 266	NH	48	1
Fub 281	n=2	30	0,19

Fub 292	n=3	32	0,034
Fub 293	N=4	39	0,0028
	H ₂ N-V	N H	
Fub 299	n=1	36	0,5
Fub 306	n=5	33	0,014
Fub 307	n=6	33	0,047
Fub 297	NH CH3	32	0,09
Fub 298	NH OCH3	19	0,014

Table S5: Agonist

Name		Intrinsec activity %	Agonist EC 50 μΜ
	H ₂ N-S-NH		
Fub 275	(CH2)n CH3	15	0,32
	n=1		
Fub 276	n=2	15	0,98
Fub 286	n=3	31	0,49
Fub 287	n=4	30	0,33
Fub 288	n=5	35	0,020
Fub 303	n=6	33	0,010
Fub 304	n=7	33	0,010
Fub 305	n=8	30	0,062
Fub 289	NH H ₃ C CH ₃	23	3,20

Fub 290	CH ₃ H ₃ C CH ₃	27	0,11
Fub 291	NH H ₃ C CH ₃ CH ₃	32	0,44
Fub 294	(NH) O CH3	34	0,60

Table S6: Agonist

	H ₂ N KR1	Intrinsec activity %	Agonist EC 50 μΜ
ST 544	HO HO	26	0,018
ST 545	R1 0	31	0,025
ST 562	R1_0	20	0,005
ST 563	S NH	50	0,007
ST 575		40	0,3
ST 576	HS-S-S-NH	38	0,20
ST 577	H ₂ N-V_S	25	0,07

ST 578	H ₂ N-VS-CH ₃ NH-SS	30	0,60
ST 580	H ₂ N-VS-VS-VS-VS-VS-VS-VS-VS-VS-VS-VS-VS-VS-	?	>10

Table S7: Agonist

Name		Intrinsec activity %	Agonist EC 50 µM
ST 581	S NH CH3	50	12
ST 582	S NH	45	0,013
ST	H ₂ N- S- NH R1 O		
ST 590	R1 S NH2	30	0,030
ST 591	R1 NH2	45	0,097
ST 592	R1 NH2	30	0,005
ST	H ₂ N- S-NH R1)		
ST 593	R1 NH2	25	0,010
ST 594	R1 NH2	30	0,007
ST 595	R1 NH2	35	0,03

Table S8: Agonist



Table S9: Agonist

name		Antagonist IC 50 µM
	R1 NH NH2	
Fub 88	CH ₃ R1	0,37
	CH2n R1	
Fub 98	n=0	52
Fub 99	n=1	16
Fub 100	n=2	1,8
Fub166	n=3	0,65
Fub 113	n=4	1,09
Fub 114	n=5	0,29
Fub 122	n=6	2,1
Fub 164	n=7	0,17
Fub 183	n=8	0,61
Fub 184	n=9	0,91

Table S10: Antagonist

Name		Antagonist IC 50 μΜ
Fub 120	NH NH2	3,65
	R1 NH CH ₃	
	CH2n R1	
Fub 125	n=3	0,79
Fub 126	n=4	2,46
Fub137	n=5	1,37
Fub 212	NH NH	0,13

Table S11: Antagonist

Name		Antagonist IC 50 μΜ
	R1 NH NH2	
Fub 130	R1	0,2
Fub 131	R1	0,69
Fub 133	N. R1	>100

Fub 134	R1	0,21
	CH ₃	
Fub 135	CH ₃	0,52
Fub167	R1	0,5
Fub 168	R1	0,2
		Antagonist IC 50 μΜ
Fub 171	H ₃ C R1	0,5
Fub 172	H ₃ C R1	0,1
Fub 177	n=3	128
Fub 214	n=8	0,36

Table S12: Antagonist

Name	H ₂ N R1	Antagonist IC 50 μΜ
Fub 243	R1 CH2n NH2	26
	n=1	
Fub 249	n=3	2,1
Fub 255	n=5	1,7
Fub 248	R1 NH2	29
Fub 250	R1= CI	13

Fub 256	R1 NH NH ₂	30
Fub 258	R1 NH	0,8
Fub 259	R1 NH CH3	0,23
Fub 260	R1 NCH ₃ CH ₃	1,1

Table S13: Antagonist

Name		Antagonist IC 50 µM
	H ₂ N R1	
Fub 262	R1 NH	1,2
Fub 263	R1 NH2 NH	0,28
Fub 264	CH ₃ NH ₂	0,1
Fub 265		1,1
Fub 278	R1 NH	5,9





Table S14: Antagonist

On this response we identify some 2-aminobenzothiazole derivatives as potent agonists of the NMDA_(HA) R. The FUB_n7, is the lead compound, it was a full agonist with a micromolar potency. Optimisation of this lead was obtained with substitution of the aliphatic amino group, that led to agonists with a nanomolar agonist potency such as FUB_n293 [9,10].

The FUB_n7, as lead coupound was first tested in various brain regions and the hippocampus give the best answer on $[^{3}H]$

noradrenaline release (Fig 1B), then we used several NMDAR antagonist on the FUB_n^7 and we observed a non competive inhibition (Figure 1C, D, E).

FUB_n⁷, the first lead compound obtained in this series, behaved as a full agonist with a micromolar potency (EC₅₀ = $2.1 \pm 0.1 \mu$ M). Its effect was antagonized by the NMDAR blockers MK-801 (Figure 1C) and by ifenprodil, the NR2B antagonist (Figure 1E).



Fig 1 Effects of FUBn7 NMDA-induced [3H]noradrenaline release. Chemical structure of FUBn7...

A, Chemical structure of FUBn7...
B, Effect of FUBn7 on NMDA-induced [3H]noradrenaline release from synaptosomes of various rat brain regions. C, D, E, Effect of MK-801 (1-100 µM) (C), Mg2+ (1.2 mM) (D) and ifenprodil (0.03-1 µM) (E) on NMDA-induced [3H]noradrenaline release from hippocampal synaptosomes. Results are expressed as dpm/µg protein over [3H]noradrenaline release induced by NMDA (200µM) and glycine (1µM). Each point represents the mean ± SEM of values obtained in 3-8 separate experiments.

As we previously reported, $FUB_n 293$ also potentiated NMDAinduced [3H] noradrenaline release from hippocampal synaptosomes (EC₅₀ = 2,8 ± 1.8 nM). FUB_n 293 displayed a nanomolar agonist potency on NMDA-induced [3H] noradrenaline release from hippocampal synaptosomes [9,10]. It was around 1000fold more potent than FUB_n^7 and 25,000 fold more potent than histamine, but its maximal effect was $49 \pm 6\%$ that of FUB_n^7 , suggesting that it behaved as a partial agonist on this response (Figure 2B).



Fig 2

Effects of FUBn293 NMDA-induced [3H]noradrenaline release. A, Chemical structure of FUBn293. B, C, Effect of FUBn293 tested alone, or against FUBn7 (B), or tele-MeHA (C), on NMDA-induced [3H]noradrenaline release from hippocampal synaptosomes. Results are expressed as per cent of the effect of FUBn7 (B), or tele-MeHA (C) (means of 6-16 determinations from 3-8 separate experiments).

In agreement, $FUB_n^2 293$ decreased in a concentration-dependent manner the sub-maximal effect of FUB_n^7 . The maximal antagonism reached at the highest concentrations tested led to the same plateau as its maximal agonist effect (-50.2 ± 3.1% vs +50.9 ± 4.1% of FUB_n^7 -induced release), and its Ki assuming a competitive antagonism of FUB_n^7 was in the same nanomolar range as its agonist potency (3.7 ± 1.4 nM) (Figure. 2B). A similar pattern and Ki value (7.6 ± 1.9 nM) was obtained when FUB_293 was opposed to tele-MeHA (Figure. 2C), which confirmed that FUB_n^7 and FUB_n^293 bind at the histamine site i.e. the NMDA_(HA)R.

We obtain also antagonists, the best was the ST-579 (IC₅₀ = 38 \pm 3.9 nM), ST-579 was able to in hibite the potentiation of [3H] noradrenaline release induced by FUB_n7 (Fig 3B) and FUB_n293 (Figure 3C) [10]



Effects of ST-579 on NMDA currents and NMDA-induced [3H]noradrenaline release. A, Chemical structure of ST-579 BC Inhibition by ST-579 of the potentiation of NMDA-induced [3H]noradrenaline release induced by FUBn7 (B) or FUBn293 (C). Results are expressed as dpm/µg protein over [3H]noradrenaline release induced by NMDA (200µM) and glycine (1µM). Results are means of 6-9 determinations from 3 separate experiments.

3.1 Activity Structure

The activity structure of a part of the compounds is presented in tables in the supplementary materials, the choice among all molecules is made in relation to the search for optimization of the affinity of molecules.

3.2 The Agonist

The tables give the intrinsic activity of the drugs compared to the FUB 7 and the EC 50 of the drugs in μ M.

The first series describes agonists, in which the molecules are derived from the general formula around the lead compound FUBn 7 (Table S1 to Table S3)



The second series describes agonists, in which the molecules are derivated from the general formula around the lead compound FUB 16 (derivated from R-1,3-benzothiazol-2-amine) and lead to a first best compound FUB 247 and then to the FUBn293 the most potent drug realized (Table S4 to Table S9).



3.3 The Antagonist

The tables give the IC 50 of the drugs in μ M.

The first series describes antagonists, in which the molecules are derived from the general formula the first compound FUB 88 (derivated of R-(1H-imidazol-5-yl) ethan-1-amine) to the first interesting compound of this series FUB 114 (Table S10 to Table S12).



The second series describes the antagonist, in which the molecules are derived from the general formula around the lead compound FUB 16 and lead to ST-579 the most potent drug realized (Table S13 and Table S14).

4. Discussion

Psychotic troubles are chronic and debilitating diseases with significant morbidity and mortality that often requires antipsychotic pharmacotherapy for life. Current therapy typically involves neuroleptics that primarily target dopamine and serotonin receptors, but may also affect other receptors like histamine and noradrenaline [11].

It is well-documented that typical neuroleptic agents induce extrapyramidal symptoms, which include rigidity, tremor, bradykinesia (slow movement) and bradyphrenia (slow though), as well as tardive dyskinesia, acute dystonic reactions and akathisia. Furthermore, atypical neuroleptic agents induce both extrapyramidal symptoms and other side effects such as increase of body weight, mood disturbance, sexual dysfunction, sedation, orthostatic hypotension, hypersalivation, lowered seizure threshold and, in particular, agranulocytosis [12]. Recent discoveries, brought to light the link between schizophrenia and bipolar disorders with disturbance in GABA and glutamate transmission in the brain. For example, schizophrenia would be associated with ionotropic N-methyl-D-aspartate (NMDA) receptor dysfunction [13]. Indeed, according experimental researches, it has been found that NMDA receptor blockers such as phencyclidine (PCP) and MK-801 induce psychoses similar to that associated with schizophrenia [14,15]. Since hypo function of NMDA system is considered to have an important role in schizophrenia and schizophreniform psychosis, especially negative symptoms, the fact that cognitive dysfunction caused by ketamine are similar to schizophrenia reinforces this observation [16].

NMDA receptor modulators, such as antagonists, agonists and partial agonists have thus been the subject of several successive researches both for the treatment of psychotic diseases and for the treatment of central nervous diseases [17]. For example, the NMDA receptor modulator memantine was developed for the treatment of Alzheimer's disease [18]. The partial agonist agent of D-cycloserine was revealed as having some antidepressant and anxiolytic activity [19]. Furthermore, agents targeting the NMDA receptor appeared to be involved in different stages of development for the treatment of anxiety, depression, cognitive and motor disorders [20,21]

We have recently identified a histamine site in NMDA receptors. Histamine has numerous functions in the brain and in particular modulates responses of the NMDA receptors of hippocampal neurons [3,4]. William K. demonstrated that histamine could directly act at a novel recognition site on some subtypes of NMDA receptor to increase their activity. However, the histamine has shown a preferential effect on responses mediated by NR1/NR2B receptors [22].

The aim of this works was to provide compounds that can interfere with the NMDA receptor and in particular with the histamine site of the NMDA receptor. Recent studies also put light on the fact that distinct subtypes of the NMDA receptor are differently involved in central nervous system diseases. In particular, histamine site of the NMDA receptor may have a key role in several disorders. For example, NMDA receptor histamine site has been discovered and evidenced as being involved in Ischemia [23]. We believe that enhancing NMDA receptor function will restore sensorimotor gating deficits observed in schizophrenia. Therefore, agonists of the NDMA receptor will be useful as anti-psychotic agents for the treatment of symptoms of this disease.

5. Conclusion

In conclusion, these data confirm the existence of a histamine site, distinct from other allosteric sites, of the NMDAR. Since histamine also activates the human NMDAR [9], agonists of the NMDA(HA)R may be helpful in therapeutics. We suggest that agonists at the NMDA(HA)R constitute an innovative class of antipsychotics for the treatment of schizophrenia and other neurological or psychiatric disorders.

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Graphical Abstract



A Chemical structure of FUBn7; full agonist, EC 50 2,1µM , B Chemical structure of FUBn293; partial agonist intrinsec activity 39 %, EC 50 2,8 nM, .C, Chemical structure of ST-579; full atagonist IC 20 38 nM

In this article, I will relate more than 20 years of research on a series of molecules that would have been forgotten without this short article summarizing the activity structure of this one. This work was done by many researchers and I will list them here in the hope that I will not forget one, here they are:

V. Armand, J.-M. Arrang, C. Bayard, A. Burban, R. Faucard, C. R. Ganellin, S. Graßmann, P. P. Griffin, H. Kubas, I. Nuss, U. Reichert, W. Schunack, J.-C. Schwartz and H. Stark.

During this period, several science theses were written:

For the pharmacological results in 1999 Cécile Bayard in Paris, Caractérisation du site de liaison de l'histamine du recepteur NMDA.

in 2004 Raphaêl Faucard in Paris,

Caractérisation pharmacologique et fonctionnelle du site histamine, modulateur du récepteur NMDA.

in 2009 Aude Burban in Paris,

Modulation du récepteur NMDA du glutamate par l'histamine : intérêt dans la schizophrénie.

For the compounds formula and method for preparing

in 2000 Sven Graßmann in Berlin,

Synthese und Pharmakologie von Liganden der Histaminbindungsstelle des N-Methyl-D-aspartat-Rezeptors

in 2000 Ulrich Reichert in Berlin,

Heterocyclische Alkanamine als Modulatoren der Histamin-Bindungsstelle des NMDA-Rezeptors : Synthese, Analytik und Struktur-Wirkungsbeziehungen.

in 2004 Isabelle Nuss in Berlin,

Heterobicyclische Alkanamine als Liganden einer modulatorischen Bindungsstelle des N-Methyl-D-aspartat-Rezeptors : Synthese, Analytik und Struktur-Wirkungsbeziehungen .

in 2005 Perry Paige Griffin in Frankfurt am Main,

Neue Liganden einer modulatorischen Bindungsstelle an NMDA-Rezeptoren : Synthese, Analytik und Struktur-Wirkungsbeziehungen .

in 2007 Holger Kubas in Frankfurt am Main,

Substituierte Benzothiazole als allosterische Modulatoren an NMDA-Rezeptoren.

There have also been communications on the subject; U. Reichert, S. Graßmann, C. Bayard, J.-M. Arrang, J.-C. Schwartz, H. Stark und W. Schunack.

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